

THE KAIRABA SPA



Escape to a world of Pampering and Wellness 'My breathing slowed, my mind calmed and I was fully present in a perfect moment.....!' Balance is restored with a Healing Touch

A Calming and Revitalising Massage

To soothe, calm headaches, anxiety. Indulge in this invigorating massage that stimulates circulation and heals sore muscles.

1Hr. D1000.00

Soothing Massage

A refreshing and Energizing Massage that restores and helps relieve digestive problems

1 Hr. D1000.00

Anti-Stress Massage

Tune into this innovative massage of the back, neck and shoulders that releases tension, soothes away stress and tense muscles. Gently stroke away the strains of headaches.

30 Mins D800.00

Back Massage Therapy

A massage to harmonize and improve circulation, induce general relaxation and renewal. The perfect treatment to release tension, blockages and knots built up over a period of time.

30 Mins D800.00

Deep Nourishing Massage

A specialized relaxing massage to rejuvenate, re-hydrate and repair dry skin

1 Hr. D1300

Heavenly Glow

Every pore, each cell was awakened like sunrise after a storm

Deep Cleansing and Exfoliating:

Give in to the sensory pleasures of a full body exfoliation treatment

30 Min D700.00

Body Detox and Rejuvenation (with honey)

1 Hr. D1000.00

Holistic Skincare Therapies

Mini Facial

A quick boost of fresh energy, suitable for all skin types: Dry mature skin, sensitive skin, combination skin or oily skin

1 Hr. D1800.00

Facial Steaming and Face Massage

45 Mins. D1800.00

Mini Facial and Head Massage

45 Mins. D1200.00

Facial mask or Exfoliation Treatment and Special Massages

!Hr D800.00

A Special Facial Massage

A treatment that cleanses, balances, rejuvenates, and soothes for the face, neckline and décolleté.

1 Hr D2000.00

Special Packages and Delightful Enclosures

Couple's Retreat

Body scrub, calming and soothing body massage and pedicure
2 Hours D4300.00

Bride-to-be

Face wax
Body detoxing and rejuvenation
mini facial
manicure, pedicure and
Make up
Complimentary Foot and Reflex Therapy massage included.
3 Hrs D 3700.00

Hand and Foot Care Treatments

Manicure (nail polished)
30 mins. D500.00

Manicure, nail extension with gel
45 Mins. D800.00

with acrylic
45 Mins. D950

French Manicure (natural)
30 Mins D500

Pedicure Polished
30 Mins D600.00

French Pedicure
30 mins D600.00

Foot/Reflex Therapy

A relaxing and rebalancing foot treatment
15 Min D450.00
30 Min D900.00

Other Essential Beauty and Care treatments

Waxing

Eye Brows
15 Min D 300.00

Eye Brow & Lip
20 Min D 400.00

Lip wax
10 Min D 200.00

Chin Wax
10 Min D 250.00

Face Wax
30 Mins D800.00

Full Leg wax
60 Min D 800.00

Half Leg wax
45 min D 600.00

Full Arm Wax
45 Min D 700.00

Half Arm wax
30 Min D 500.00

Under Arm wax
15 min D 300.00

Back and Chest wax
60 Min D 800.00

Bikini Wax
45 Min D 600.00

Other Services

Customized Spa events can be booked in advance requiring an advance payment of

Make Up Artist

Eye make up

Natural looks
15 Mins D200.00

Smoky looks
20 Mins 300.00

Face Make Up
Natural looks
30 Mins. D500.00

Special Occasion
45 mins. D800.00

Flawless looks
Face Exfoliating, Moisturizing and make up
1Hr. 30 Mins. D1800

Bridal Package
Face exfoliation, mini facial and make up
Complimentary anti-stress massage included.
2 Hrs. D2500.00

THE KAIRABA HEALTH CLUB

Reconnect and balance ying and yang for complete renewal. Exercise for best effect and specific results. Step by step routines to get your body to maximum levels and improve your body profile. (Kairaba guests can enjoy complimentary use of the Health Club).
30 Mins. D250.00
1Hr. D400.00

You can enjoy tea time compliments of Kairaba Spa from 4.00- 5.00 p.m. daily.

How to receive the full benefits of Kairaba Spa:

Reservations: schedule your appointments in advance to ensure your preferred treatment or therapist is available. Bookings made same day or walk-in appointment are always welcome based upon availability.

Cancellation policy

24 Hours notice is required for changes or cancellations. A 50% cancellation fee will be imposed for any cancellation less than 24 hr. notice. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied so as not to inconvenience other guests.

Please switch off all mobile phones as a courtesy to other guests present.

Shower:

A quick shower just before your massage or treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products.

Gift Vouchers

Give the gift of unforgettable pampering or wellness. A delightful way to introduce someone special to the benefits of spa services and stress relief . Perfect for any occasion, birthdays, anniversaries, bridal, groups or events.

Gift Wrapping Services available upon request

Opening Hours

Sunday - Saturday

10.00a.m. - 08.00 p.m.

Contact us on Extn. 1515 P.M.B. 390, Serrekunda, The Gambia, West Africa Tel:+ 220 4462940/1/2

E-mail: spa.manager@kairabahotel.com website: www.kairabahotel.com. Connect with us on Facebook and Twitter.

Wifi services available

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