

Coco Ocean Resort & Spa

Spa facilities

The Coco Ocean Spa provides a full range of professional treatments in nine luxurious treatment rooms overlooking the beach in Bijilo.

Hammams

A Hammam is a traditional Moroccan steam-bath and cleansing routine, used over centuries for deep exfoliation and moisturising. It's not recommended for those who suffer from asthma.

Moroccan Hammam

60 minutes | D1,200.00

This water-based treatment uses natural products to clean your skin, making it soft and glowing. Deeply nourishing and moisturising.

Moroccan Sea Salt Hammam

60 minutes | D1,400.00

A full Hammam treatment whereby the exfoliation will be done with seasalt instead of the Ghesa glove.

Optional treatment during the Hammam

D200.00

Rhassoul Mask Facial & Rhassoul or Argan Oil for hair.

Hammam sample without therapist

30 minutes | D500.00

Sit and relax in the steam.

The Spa Combination Treatments

The Spa Ritual

90 minutes | D1,700.00

Moroccan Hammam and relaxing foot massage.

The Beldi Hamam

120 minutes | D2400.00

Moroccan Hammam and Swedish massage.

The Spa Renewing

135 minutes | D2,300.00

Moroccan Hammam and deep cleanse facial.

Milk Bath

30 minutes | D600.00

Massages

The following treatments have been designed to help detoxify your body, de-stress the mind and revitalise your skin.

Scalp Massage

30 minutes | D800.00

A calming scalp massage focusing upon vital energy points around the scalp, neck and shoulders, to relieve tension leaving a feeling of wellbeing.

Back Massage

30 minutes | D900.00

Using aromatic oils, this massage brings powerful de-stressing benefits to shoulders and neck.

Foot massage**45 minutes | D1,00.00**

This foot massage is very effective to stimulate the body's own healing powers.

Hot Stone Massage**60 minutes | D1,800.00**

Based on the historic American Indian tradition, this massage is perfect for healing and relieving tension.

Swedish Massage**60 minutes | D1,500.00**

A European-style massage using a combination of kneading, small, circular strokes and long, firm strokes to help stimulate blood circulation and soothe tense muscles.

Traditional Thai Massage**90 minutes | D2,000.00**

This is an oil-free massage where light clothing is worn. Its unique therapeutic qualities are applying force on pressure points, stretching, bending and other body manipulations. The spine is elongated, tension is relieved, joints are stretched and the whole body is decompressed. Through these movements, all senses of wellbeing, energy and flexibility are extraordinarily brought back into the body.

Reflexology**60 minutes | D1,500.00**

A healing practice where pressure is applied to certain areas of the foot – and sometimes the hands and ears – to bring healing to the body. These areas are called zones or reflexes; the heart of reflexology is the theory that each zone or reflex corresponds to a particular organ in the body. Reflexology used to be referred to as zone therapy and some practitioners still make use of this term.

Aromatherapy Massage**60 minutes | D1,500.00**

Aromatherapy massage is particularly suited to conditions involving stress or improving emotionally related conditions. After the consultation, one or more essential oils are selected based on what you need.

Deep Tissue Massage

60 minutes | D1,800.00

Deep tissue massage is a type of massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It's especially helpful for chronically tense and contracted areas such as stiff neck, low back tightness, and sore shoulders.

Balinese Massage

60 minutes | D1,600.00

One of the traditional Indonesian massages. Originating from the island of Bali, this massage is unique because it utilises a combination of techniques. It mixes massage, acupressure, reflexology and aromatherapy into one session. The massage is also designed to deeply relax tense muscle tissue. This is done by combining standard massage techniques like kneading, stroking, and skin rolling with gentle stretching.

Hawaiian LomiLomi Massage

60 minutes | D1,500.00

A traditional Hawaiian massage technique used to bring about physical as well as mental relaxation. Improves blood circulation and lymph flow, elimination of toxic waste and relief from body pain. The Lomi massage rejuvenates the body and instils a feeling of peace and wellbeing. Regular massages can help maintain good health.

Body masks and polishes

Papaya Mask

30 minutes | D800.00

Papaya has high contents of Vitamin A and C. Papaya's powerful fruit enzymes are known to aid and accelerate healing in the skin disorders such as acne.

Cucumber Mask

30 minutes | D800.00

Cucumber contain minerals and vitamins, which neutralise excessive fat. In addition, it has a natural soothing effect with sensitive and sunburnt skin.

Seaweed Mask

30 minutes | D800.00

Detoxify, removes dirt and purify congested skin. Helps prevent the formation of pimples and acne.

Slimming & Firming

60 minutes | D1,800.00

A 30-minute seaweed mask followed by a 30-minute Swedish massage, promoting effective and healthy slimming with natural firming and reduces water retention.

Body Wraps Treatment

60 minutes | D1,500.00

A choice of body polishes combine together with a body mask to sooth and nourish the skin. While the clay is working its magic, receive a scalp massage to complete the relaxing treatment.

Chocolate Scrub

30 minutes | D800.00

Promotes skin regeneration and strengthens the skin. Because of its high Vitamin E content, it functions as a moisturiser and nutrient for your skin. It's ideal for dry skin.

Lulur scrub

30 minutes | D800.00

It's effective in removing dead skin cells and the ideal treatment for eliminating impurities and oily skin.

Coffee Scrub

30 minutes | D800.00

Special clay enriched with coffee beans minerals is applied to the body. This treatment focuses on re-balancing and deeply detoxifying to eliminate toxins.

Sea Salt Scrub

30 minutes | D800.00

Removes dead, dull skin cells, therefore helps and improves cell turn over. Skin is left feeling smooth, soft and looks more youthful and radiant.

Facials

Deep Cleanse

55 minutes | D1,300.00

Ideal facial to start your programme if you do not have regular facial treatments. Steam/vapor is used to extract deep impurities and blemishes. Mask is applied to withdraw excess oil to re-balance the skin's oil production.

Anti-Stress

60 minutes | D1,700.00

Uses products and masks to relax and rejuvenate skin cells. Eye repair serum is used to de-stress around the eye and reduce puffiness.

Anti-Ageing (40yrs +)

75 minutes | D1,900.00

Using products to re-balance and work with your hormonal changes, this anti-ageing treatment will work on your wrinkles and re-tone the skin, leaving it radiant and youthful.

Anti-Ageing (50yrs +)

75 minutes | D1,900.00

This facial uses similar products but with different ratios and applications to target ageing areas.

Luxury Facial

90 minutes | D2,500.00

Facial combined with a foot and hand massage – extremities that play a key role in your facial muscles.

Spa day experiences

Coco de Mer

2 hours | D2,500.00

If you are seeking tranquillity and relaxation, the following treatments coming from sea ingredients are designed to provide an ultimate pampering experience.

- A choice of Body Polish and Body Mask
- Swedish Massage using aromatherapy oil

The Spa Royal Treatment

2 hours | D2,400.00

This ancient ritual will leave your body feeling soft, smooth and velvety to the touch. The treatment starts with a herbal mixture to exfoliate and smooth the skin, then a traditional Balinese massage with tropical oil will energise the body. To complete the experience, a warm milk bath with jasmine and rose petals will make you feel like Cleopatra!

- Lulur Body Polish
- Balinese Massage
- Milk Bath

Discovery Day

3 hours | D3,400.00

- Moroccan Hammam
- Deep Cleanse Facial
- Swedish Massage

Packages for Couples

1 hour 30 minutes | D3,900.00

Escape the limits of time and immerse yourself in our perfect package recipes for relaxation. Each one may be shared with love and enjoyed side by side in our Spa suites. Perfect for couples celebrating their own occasion or friends relaxing together.

- A choice of body polish
- Swedish Massage with our essential oils of your choice

Nail Studio

Manicure Express without polish

30 minutes | D400.00

Includes nail file, shape and cuticle treatment.

Manicure Luxury without polish

45 minutes | D800.00

A comprehensive maintenance manicure including nail file, shape, cuticle treatment, sea salt and oil exfoliation, relaxing hand and lower arm massage and buffing.

Pedicure Express without polish

30 minutes | D500.00

Includes nail file, shape and cuticle treatment.

Pedicure Luxury without polish

45 minutes | D900.00

An ideal maintenance pedicure including nail file, shape, cuticle treatment, sea salt and oil exfoliation, relaxing foot massage, moisturise and buffing.

Polish

20 minutes | D300.00

Shellac, Essie gel

20 minutes | D600.00

Shellac, Essie gel removal

15minutes / D400.00

Shellac, Essie gel nail repair per nail

D175.00

Beauty services

Our waxing treatments use premium hot or warm wax.

Eyebrows wax | D400.00

Lip wax | D300.00

Face wax | D900.00

Chin wax | D300.00

Half arm wax | D600.00

Full arm wax | D800.00

Under arm wax | D500.00

Bikini wax | D600.00

Brazilian wax | D1000.00

Stomach wax | D400.00

Chest wax | D800.00

Back wax | D1000.00

Full leg wax | D1,200.00

Upper leg wax | D800.00

Lower leg wax | D700.00

Full body wax | D3,500.00