



*Whitehorse Residence*  
*Beach Guesthouse*



**AROMATHERAPY (75 minutes) GMD 1'200**

Aromatic essential oil applied all over the body combined with Shiatsu massage, helps to release tension, congestion and restores harmony to the whole body (including face and scalp).

**BACK, NECK & SHOULDER MASSAGE (35 minutes) GMD 800 / (60 minutes) GMD 1'000**

A healing massage to the back, neck and shoulder to release tension, improve circulation and renewal to the bone pressure medium.

**DEEP TISSUE (SPORT) TREATMENT (60 minutes) GMD 1'200**

Perfect full body treatment to release tension, blockages and knots built up over time. It is highly recommended for active sportsmen and extremely tensed individuals.

**AFRICAN HEALING MASSAGE (60 minutes) GMD 1'200**

Adventure into this traditional healing secret therapy, stretching with hot aromatic compresses including 20 minutes firm back, neck and shoulder pressure.

**HEALING TREATMENT (60 minutes) GMD 1'500**

We lignose with pressure symptoms that causes illness and use a special treatment against sickness. The treatment includes body, face and scalp.

**REFLEXOLOGY (30 minutes) GMD 800**

Proper and careful application of pressure to reflex points on the feet and hands that corresponds to organs and helps to reduce tensions all over the body.

**BEAUTY TREATMENT**

**Pedicure: GMD 700**

**Manicure: GMD 500**

**French Manicure: GMD 750**

**Manicure including Nails: GMD 800**

**Facial Treatment and Massage (60 minutes): GMD 1'000**

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**BEAUTY HAIR TREATMENT: GMD upon agreement**

Short- / Long-Twist, Rasta, twisted Dreadlocks